



The Don Hutson Report

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How Can You Stay Motivated?

(For the coming issues of The Don Hutson Report, be sure to check out our special offers at the end of the newsletter. Most are complimentary.)

During these times of stress, anxiety and change, some people are having difficulty staying motivated to achieve the goals that ensure their success. The implication in the title of this report is that you either are or were *motivated*, so how do you keep it going?

The best way is to learn the skills that will enable you to stay in the positive territory of exceptionalism...even during chaotic times. Anybody can be mediocre, but don't fall into that trap. Life flies by and you only have one shot at a great run! This is no dress rehearsal, so you need to stay motivated to *be* your best...and *do* your best.

Here are ten tips for staying motivated:

1. **Develop the habit of being a positive, motivated professional.** Many do not give enough credence to the importance of having and keeping a positive, motivated spirit. Habits are strange commanders, but they do, indeed, determine our destiny. If you can do something once, you can do it twice. And if you can do it twice, you can make it a habit.
2. **Anticipate inspired results.** When you have done an exceptional job of setting goals, establishing objectives and clarifying your vision as to what you want to achieve and how you will make it happen, you are 75% of the way there!
3. **Be disciplined in your actions.** Discipline is the skill of maintaining purposeful focus on desired results without getting sidetracked by obstacles, problems, or the next shiny object. *Keep your eyes on the prize!*

4. **Attract prosperity and positive results.** Be one who has developed the habit of remaining centered on abundance, not scarcity. Only by gaining abundance can you thrive and truly help others. People with a negative attitude are essentially welcoming the spirit of scarcity into their lives.
5. **Accept that success is a skill.** When you learn this skill and discipline yourself to utilize it, you will be able to capitalize on your motivation at every turn.
6. **Make your limitations secondary.** Since you really don't know all of your limitations, don't devote a lot of time to them. Think possibilities instead. What would you try if you knew you could not fail? Expend your energy on positive things and be motivated to achieve them.
7. **Tap into the influence of high achievers.** Review your notes regarding what you have learned from your mentors and the big winners you have known, studied, read, or heard. No need to re-invent the wheel! Be a student of success and combine new and learned concepts to continually go to the next level.
8. **Acquire and study literary mentors.** These are the experts, living or deceased, who have written books which have had a positive influence on your life and career. My favorite is Orison Swett Marden, and his best book for staying motivated is "The Victorious Attitude". It is a life-changer!
9. **Plan to give.** If you consciously make a plan to give your time, money, and/or energy to other people or charitable organizations, you will enjoy a mindset of abundance in the process. This will represent some of your most inspired and positive activities that will nurture your level of motivation.
10. **Be a person of consistency.** When you develop positive habits and perform at a higher level, you will be on your way to higher achievement. Don't let positive habits fall by the wayside. It will thwart your performance and compromise your intentions. When you eliminate bad habits, do not welcome them back into the fold.

Hopefully these tips on ***How You Can Stay Motivated*** will keep you on the positive side of your potential. The better you do, the better you will continue to do. Create positive momentum for yourself and make every day a grand day of achievement. As Orison Marden wrote, "You never know when the Almighty is watching, sizing you up for bigger things!"

In the past couple of “Don Hutson Reports”, there was a link to my 4-minute video on dealing with the Pandemic. It was one of sixteen videos that I and my fellow Speakers Roundtable members produced for those on our lists. (Your access is free.) I think you’ll want to check them out as they include some solid insights! Here’s the link:

<https://speakersroundtable.com>.

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